



30th POGS Annual Conference 2022

# Kaleidoscope

Exploring vivid colours of life

 Sunday, 20th March, 2022

 9.00 AM - 5.00 PM

 The Ritz-Carlton, Pune

Registration Fees : 500/- Only

To Pay, Click here 



# Welcome!

Dear Friends,

On behalf of POGS managing committee 2021-22 , it gives us immense pleasure to invite you all to our 30th Annual Conference, ***Kaleidoscope- Exploring vivid colours of Life***, at the Grand venue of ***Ritz Carlton*** on ***20th March, 2022***.

We achieved the pinnacle of academic success this year with Mega conferences like STAR-OG, AMOGS zonal, IOI-2, Fetopnishad & STAR Endogyn.

To strike the correct balance, Kaleidoscope is a nonacademic conference touching other important aspects of our lives...

As a child, we all have played with this toy, 'Kaleidoscope', a tubular device containing loose bits of coloured glass reflected by mirrors forming various symmetrical patterns as we rotate the tube. After being shaken, it will always reveal something new & different but equally beautiful... Life is much the same as the Kaleidoscope of vivid colours.

We are the artists of our lives. We can accurately delineate different aspects of our lives to create an 'Infinity of Patterns'. Being in control of your own kaleidoscope is therefore the key to your success...

Enjoy yourself to the fullest in the dazzling Kaleidoscope of POGS.

Looking forward to welcome you all !

Warm Regards

**Team POGS**



**Dr Pankaj Sarode**  
Vice President



**Dr Sunita Tandulwadkar**  
President



**Dr Kundan Ingale**  
Executive Vice President



**Dr Laxmikant Behele**  
Treasurer



**Dr Vaishali Korde-Nayak**  
General Secretary  
Convener



**Dr Nilesh Balkawade**  
Clinical Secretary



## POGS OFFICE BEARERS - 2021 - 22

### Managing Council Members :

Dr Aarti Nimkar  
Dr Amey Chugh  
Dr Amol Lunkad  
Dr Anita Gavali  
Dr Archana Pungliya  
Dr Chaitanya Ganapule  
Dr Kapil Kanade  
Dr Kiran Kurtkoti  
Dr Leena Patankar  
Dr Manjiri Valsangkar

Dr Meenakshi Deshpande  
Dr Milind Dugad  
Dr Nitin Sangamnerkar  
Dr Rahul Argade  
Dr Sabrina Bokil  
Dr Shubhalaxmi Kurtkoti  
Dr Uma Wankhede  
Dr Vaijayanti Patwardhan  
Dr Vaishali Biniwale  
Dr Veena Todkar

### Co-opted Members:

Brig Aruna Menon  
Lt Col Bikram Bhardwaj  
Dr G S Shekhawat  
Dr Hemant Damle  
Dr Hemant Deshpande  
Dr Meenakshi Surve  
Dr Meenal Patvekar  
Dr Prasad Bhanap  
Dr Ramesh Bhosale  
Dr Shilpa Naik  
Dr Vaishali Taralekar  
Dr Vidya Gaikwad

Dr Parag Biniwale  
President Elect

Dr Madhav Kankawale  
Joint Secretary

Dr Pooja Lodha  
Joint Clinical Secretary

Dr J P Rath  
Joint Treasurer

### Ex-Officio

Dr Ashwini Kale  
Dr Prakash Kothawale

### FOGSI Committee Chairpersons

Dr Kundan Ingale; Dr Manish Machave;

### AMOGS 2<sup>nd</sup> Vice President:

Dr Kiran Kurtkoti

### Past Presidents:

Dr Harshad Parasnis; Dr Nishikant Shrotri; Dr Dilip Walke; Dr Charuchandra Joshi; Dr Bharati Dhole-Patil







## Sunday 20th March 2022

8.00 - 9.00 am

Registration

### Session - 1

9.00 - 9.30 am

### SMILE WITH YOUR SOUL

“Yoga at workplace”

*Dr Sargam Soni*

9.30-10.00 am

“Parenting - A Balancing Act”

*Dr Bhushan Shukla*

### Session - 2

10.00- 10.50 am

### MONEY MATTERS

“The Art of Investing”

10.50 - 11.20 am

### ORATIONS

#### Past President's Oration

“Written in the stars”

*Dr Harshad Parasnis*

11.20 - 11.30 am

Felicitation

11.30 - 12.00 Noon

#### MSR Oration

“Preconceptional Interventions to improve post-conceptional outcomes”

*Dr Sunita Tandulwadkar*

12.00 - 12.10 pm

Felicitation

12.10 - 1.00 pm

### INAUGURATION

1.00 - 2.00 pm

Lunch

### Session - 3

2.00 - 2.20 pm

### ADAPTATION

“Laqshya Manyata”

*Dr Samita Bhardwaj*

2.20 -2.40 pm

“Untying the legal Knots” (MTP law amendments)

*Dr Dilip Walke*

2.40 - 3.00 pm

“ विज्ञानानुवाद - Science of Translation”

*Dr Shantanu Abhyankar*

### Session - 4

3.00 - 3.45 pm

### HOLISTIC HEALTH

“मन करा रे प्रसन्न”

*Dr Sanjay Upadhye*

3.45 - 4.15 pm

“Divine Healing”

*Sarita Didi (Brahmakumari)*

4.15 - 4.30 pm

Meditation with *Sarita Didi*

4.30 - 5.00 pm

POGS Hungama (Skit)

5.00 pm

**VALEDICTORY** (Followed by Hi-Tea)

**Academic Partner:**

**Emcure**  
SUCCESS THROUGH INNOVATION